Technology & Transformation NEWSLETTER

A monthly newsletter brought to you by the Technology and Transformation Communications Team. If you wish to contribute please contact us at:

Communications.TechnologyAndTransformation@hse.ie

Capacity Building on primary use of health data

Ireland's Digital Health Transformation

Iveagh House, Dublin.



By Theresa Barry, Clinical Terminology Architecture Lead and Patrick Marren, MyHealth@ EU Lead, of Standards & Shared Care Records (SSCR), Technology & Transformation.

The EU Commission and MyHealth@ EU have embarked on a transformative journey to enhance the healthcare systems of member states. The aim is to deliver a strong European Health Union in which citizens and healthcare professionals can exchange health data cross-border in member states by 2030.

This Autumn, The European Health Data Space (EHDS) initiative funded a series of sessions throughout member states to share information on the status of interoperability and exchange of health data across the EU.

The Ireland session (group photographed above) was held on September 26-27, 2024, at Iveagh House, Dublin.

The event brought together European experts from various fields to share insights and strategies for achieving these goals.

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Capacity Building on primary use of health data: Ireland's Digital Health Transformation

The Irish Twinning Masterclass was introduced by Dr. Alexander Berler, IHE (Integrating the Healthcare Enterprise), who outlined that the primary objective was to build capacity in the primary use of health data, focusing on interoperability and the digital transformation of health services in Ireland.



Photographed above, speaking at the event-Kathryn Kissane, Deputy Delivery Director, Engagement and Delivery SSCR.

The opening session was dedicated to Irish Digital Health Transformation. Muiris O'Connor, Assistant Secretary Department of Health, opened proceedings with a comprehensive briefing on the European Health Data Space Implementation in Ireland. Muiris addressed the Department's strategy and plan to implement EHDS regulations in Ireland from legislative changes with the Health Information Bill 2024 through to key national deliverables to support EHDS implementation. Ronan O'Kelly, Assistant Principal, Department of Health, presented on "Digital for Care" and how this framework sets out a roadmap to digitally transform health services in Ireland and improve access for patients. This session highlighted the importance of creating a robust digital infrastructure that supports the seamless flow of health information across different systems and stakeholders. Kathryn Kissane, Deputy Delivery Director, Engagement and Delivery, HSE, expanded on the "Digital for Care" framework, detailing how the HSE's Digital Health Strategic Implementation Roadmap, its 6 principles and 48 initiatives, will enable this digital transformation while ensuring the key focus is centred on the patient. Kathryn confirmed the "Digital for Care" implementation plan is staged across three delivery timeframes and then discussed in detail the MyHealth@IE programme, providing updates on the National Shared Care Record and the HSE App initiatives and timeframes. The next session focussed on Clinical Terminology. Theresa Barry, Clinical Terminology Architecture Lead, HSE, kicked off the session by providing an overview of the current state of clinical terminology and data standards in Ireland and of the progress made so far.

She described the recent Data Capability Assessment Maturity (DCAM) survey conducted to evaluate Ireland's maturity in data standards. Key insights included the importance of collaboration among stakeholders in healthcare and the challenges posed by disconnected systems vendor management. Theresa highlighted the need for a unified vision, codesign, and a data-driven strategy to drive digital transformation. She also discussed the foundational elements needed for clinical terminology and data sharing in Ireland, emphasising the importance of capturing key medical information such as diagnoses, procedures, and family history. She highlighted the value of future-back planning—envisioning the future state of healthcare and working backward to identify necessary steps today. Emerging technologies like genomics and robotic surgery were noted as factors influencing future planning.

Theresa then reviewed Ireland's journey in adopting SNOMED CT, including her role in setting up the National Centre (NRC) and developing 20 reference sets. She also mentioned ongoing efforts to procure a Central Terminology Service, which she believes will be transformative for data integration.

Yvonne Coughlan, Business Analyst and DSMP Coordinator, then presented on the Data Specification Management Process (DSMP) and its importance in promoting

standardised data practices among healthcare professionals. The DSMP helps organisations prepare data sets for review, enabling effective healthcare delivery through accurate and timely information. The process aims to unify stakeholders and improve the management of data specifications, ensuring accurate and standardised data collection from the outset. By fostering collaboration among subject matter experts, the process enhances service planning, analytics, and reporting, aiming for high-quality data outputs that can eventually be made available through APIs in the Clinical Terminology Service (CTS). Examples highlighted included the National Ambulance Service and the National Nursing Transfer Document, showcasing ongoing efforts to enhance data standardisation and electronic health records.



Photographed above, speaking at the event: Shane Byrnes, Clinical Lead, National Medicinal Product Catalogue, HSE.

The third presenter in the session was Shane Byrnes, Clinical Lead for the National Medicinal Product Catalogue (NMPC). The development of the NMPC was highlighted as a significant milestone for data standardisation in Ireland. Shane presented on how the NMPC catalogue will standardise the terminology, classification, and identification of medicinal products, enhancing patient safety and the efficient use of healthcare data.

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Photographed above, Theresa Barry, Clinical Terminology Architecture Lead, SSCR.

Capacity Building on primary use of health data:

Ireland's Digital Health Transformation

The NMPC supports various use cases, including electronic prescribing, medication reconciliation, and formulary management. The key benefits of the NMPC include improved patient safety through standardised medication information, enhanced use and re-use of healthcare data and better patient and healthcare worker experience.

Joanna Hand, Senior Pharmacist from the NMPC team, then discussed their experiences in developing the editorial guide and data model for the catalogue, the authoring process, and the quality assurance required for medicinal information, and summarised the key learnings from this initiative to date.



Photographed above Patrick Marren, MyHealth@EU Lead, SSCR.

Day 1 concluded with an insightful discussion from Professor Anthony Roberts, Cork University Dental School and Hospital, on a clinician's experience in developing an Irish reference set for dentistry. Professor Roberts discussed the programme drivers, engagement with stakeholders and the SNOMED CT Team, the development of their specific reference set and the key benefits and findings from their initiative to date.

The key focus of Day 2 was on Data Interoperability and MvHealth@EU. Interoperability is a cornerstone of the digital health transformation. Eamon Coyne, Assistant Principal, Department of Health, presented on the key challenges and solutions to address interoperability and the exchange of patient health data. The MyHealth@EU team has developed a use-case approach to interoperability based on international specifications and tested this use case approach in multiple EHDS projectathons and test events. Eamon addressed the development of interoperability specifications in the HSE, test plans, and test tools to ensure

seamless data exchange across different healthcare systems.

Patrick Marren, HSE MyHealth@EU Team Lead, then presented on the Irish Test Harness, a key solution for testing and validating interoperability specifications. The Test Harness includes simulators, validators, and other tools to ensure that systems can communicate effectively and securely and is used extensively throughout the HSE. Patrick detailed the process for engaging and commissioning tests and was followed by Duncan Falconer of the MyHealth@EU team, who gave a handson demonstration of building and running test scripts. Duncan demonstrated how to create and edit a patient summary CDA template, upload this into the test harness, and then test and validate the script. Duncan's discussion on using AI in coding and script development generated much discussion from both the on-site and online audiences.



Photographed above presenting to the group is Yvonne Coughlan, Business Analyst, National Release Centre SNOMED CT, SSCR.

theme of digital health transformation. The MyHealth@EU initiative includes the development of a patient portal and mobile app that allow patients to access their health records and share them with healthcare providers across the EU. This initiative aims to enhance patient engagement, improve care coordination, and reduce clinical risks.

The Masterclass concluded with a discussion on the future directions of the digital health



Photographed above L-R; Kathryn Kissane, Deputy Delivery Director, Engagement & Delivery and Muiris O'Connor, Assistant Secretary, Department of Health.

Dr. Berler from IHE then presented on the international developments with interoperability specifications, IHE Profiles, and HL7 FHIR testing with specific reference to recent interoperability testing in France, Greece and Switzerland. He discussed the pending regulations on EHR Certifications and how building an international healthcare interoperability lab using the IHE methodology facilitates EHR testing and certification.

The final session was about Enabling Patient Access to Data, and was delivered by Professor Zoltan Lantos, Department of Health, who discussed empowering patients, and why giving patients access to their own health data is a central

transformation in Ireland. Key priorities include the continued development of digital health infrastructure, the implementation of the EHDS, the importance of delivering structured coded data, and the expansion of patient access to health data. By leveraging digital technologies and data, Ireland aims to create a more efficient, patient-centred healthcare system that can meet the challenges of the future. The insights and strategies discussed during the Ireland Twinning Masterclass provide a roadmap for achieving these ambitious goals, highlighting the importance of collaboration, innovation, and continuous improvement.



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DIGITAL FOR CARE:

Digital Health Leadership Development Workshop

By the Digital for Care Programme Team.

The Digital for Care Programme Team delivered a face-to-face Digital Health Leadership Development Workshop to Senior Leaders from across a number of functions on Tuesday, 15th October 2024. This workshop was an initial stepping-stone to many more planned digital health leadership workshops for HSE Staff.

The Workshop was delivered with a support partner CHIME, a global organisation committed to developing digital health leadership. Along with CHIME's Vice President, Jane Dwelly and guest speaker, Gary McAllister (former NHS CIO and CTO), the panel of speakers also included the HSE's Loretto Grogan, Elaine McLoone, Meabh Smith and Niall Halliday who highlighted the vision for Digital for Care 2030, various major digital health transformation programmes, patient advocacy, priority action points, the digital health capability building programme as well as several other topics.

Jane Dwelly, Vice President International Chime focused on 'what good looks like' covering digital health adoption, digital health as a service vehicle, interoperability and data integration. Jane emphasised that healthcare must prepare for future demands by normalising digital health and leveraging people, data and technology in new ways and that access is critical - "Healthcare must be easily accessible, immediate, and enjoyable for the patient".

Gary McAllister, CITO Dell Technologies (former NHS CIO and CTO) added by providing valuable insights into the NHS's digital transformation journey in which he shared lessons that can inform Ireland's healthcare system. Gary then focused on the following points: challenges in digital integration; leadership's role in transformation; strategy and architecture; unified vision; One London Programme (focused on unifying the 40+ shared care records and improving data integration across London); proactive healthcare.

Amid positive reviews, this workshop highlighted the importance of digital health and the realised benefits, responsibilities and limitations of digital health. Gaining leadership insights and leadership experience will greatly contribute to the depth and success of leadership and staff engagements across the organisation as we move forward on our Digital for Care 2030 roadmap.





Your one-stop-shop for Technology and Transformation

Discover a wealth of resources designed to support you in your role. Our eHub is your one-stop destination for everything you need—right at your fingertips. Simply click on any of the icons below to access key areas, explore valuable tools, and uncover helpful information.













Highlights from the SAP CoE Team Day

A celebration of Collaboration and Innovation

By Linda Reck,

Technology & Transformation Communications Lead.



SAP (CoE) Team Day photographed above LtoR: Mairead Dillon, Business Delivery, Finance & Procurement, Margaret Kilmartin, Head of SAP CoE, Damien McCallion HSE CTTO, and Fran Thompson HSE CIO.

On October 1, 2024, the SAP CoE Team Day was held at the Radisson Blu Hotel in Sligo, gathering over 130 SAP CoE team members alongside distinguished guest speakers, including Damien McCallion, HSE Chief Technology Transformation Officer (CTTO); Fran Thompson, HSE Chief Information Officer (CIO); and Nodlaig Carroll, HSE Organisational Health Lead. The Senior Management Team of SAP CoE also presented updates on their areas of responsibility, setting a collaborative tone for the day.

Margaret Kilmartin, Head of SAP CoE, opened the event, welcoming everyone and highlighting the importance of the gathering.

The first speaker, Damien McCallion, shared insights into key developments in Ireland's



Photographed above L-R: Margaret Kilmartin, Head of SAP CoE and Fran Thompson, HSE CIO.

healthcare system, emphasising the crucial role of digital transformation and policy support in improving care access. He spotlighted the recently approved Digital for Care program—a unique initiative backed by all political parties aimed at enhancing data access, healthcare quality, and addressing health inequalities. This bipartisan commitment signals a sustained focus on healthcare, regardless of future governmental shifts.

has been launched, encompassing six key areas: patient empowerment, connected care, collaboration with tech companies, infrastructure upgrades, data-driven services, and workforce management. A significant emphasis is placed on virtual care solutions, which reduce the need for physical hospital beds and allow for more cost-effective care.

Damien also discussed upcoming digital tools, such as a patient-facing health app and Electronic Health Records (EHR), which aim to engage patients more actively in their care. He stressed the importance of reliable data for informed decision-making and the need for continued funding to advance the digital health agenda over the next seven years.

Next, Fran Thompson, CIO, expressed gratitude for the often-underappreciated contributions of corporate staff in supporting patient care. He highlighted the critical role of managing payroll and financial systems, acknowledging the complexities involved in ensuring everyone is compensated accurately. Fran emphasised the significance of projects like the Integrated Financial Management System (IFMS), which will consolidate



Damien addressed the significant challenges facing the healthcare sector, including rising service demands and the COVID-19 pandemic's impact on waiting lists and hospital pressures. He underscored that digital transformation is vital for tackling these challenges, using the NHS's struggles as a cautionary tale.

To combat healthcare pressures, a comprehensive seven-year digital framework

financial systems for the first time, marking a transformational milestone for the HSE.

He encouraged the team to communicate clearly, moving away from technical jargon to ensure messages resonate throughout the organisation. Themes of trust and reputation were central to his message, emphasising the importance of delivering on commitments and maintaining integrity.

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Highlights from the SAP CoE Team Day



Fran praised the team's problem-solving abilities and their capacity to drive impactful change, urging them to embrace curiosity and critical thinking while continuing to build the HSE's credibility and success.

The SAP CoE Senior Management Team then took the stage, sharing the roadmap ahead and providing updates on their respective areas, discussing recent achievements and future plans.



After lunch, Nodlaig Carroll, HSE Organisational Lead, emphasised the psychosocial aspects of work and their significance on employee well-being. She noted that post-COVID workplace dynamics, particularly remote collaboration, present





challenges for newer employees in forming essential relationships. In this fast-paced world, many are juggling personal challenges while striving to maintain professionalism. The overwhelming nature of modern life, exacerbated by constant technological updates, adds to this stress. Research shows that 53% of workers are prioritising their well-being more since the pandemic.

Despite efforts to plan, interruptions often derail goals, amplifying stress and negatively impacting mental health. Prolonged stress is linked to serious health issues, with many employees reporting exhaustion. While flexible work arrangements offer benefits, they also pose challenges for team dynamics. Thus, prioritising mental health, fostering supportive environments, and promoting self-care are essential for enhancing engagement, collaboration, and overall well-being in the workplace.



The day was filled with insightful discussions, and attendees enjoyed lively breaks featuring prize raffles that added an element of surprise to the day. The fun continued with a spirited Rock, Paper, Scissors game, bringing laughter and camaraderie to the team. The competitiveness truly shone during the table quiz, where staff showcased their knowledge and teamwork. All in all, a great day for the SAP CoE Team.

Experience the highlights of the team day through this photographic reel, capturing moments from the day.



SPOTLIGHT

Technology & Transformation COMMUNICATIONS TEAM



In this fast-paced world of Technology and Transformation (T&T) within the HSE, staying connected and informed is essential—and that's where the Communications Team comes in. We're here to keep you updated, celebrate your achievements, and make sure that all our colleagues have access to the latest news and resources.

Our team manages and maintains the our website (ehealthireland.ie), where you can find comprehensive information on our programmes and initiatives across the HSE. This site is a key resource for anyone looking to understand our digital health efforts and see how we're driving innovation across Ireland's healthcare system.

Internally, we work to keep our T&T colleagues connected and engaged through multiple channels. Our internal email broadcasts ensure everyone receives timely updates, while eHub, our SharePoint site, is a one-stop destination for news and resources. Accessible only to our T&T colleagues, eHub serves as a platform for sharing important information, from project go-lives and award announcements to new training opportunities.

Our monthly <u>T&T newsletter</u> is another way we keep everyone in the loop. Each issue includes highlights from across the department, from recent go-lives and recognitions for our team members to updates on team days and other

events. This newsletter is a great way to celebrate our collective achievements and keep our department's pulse.

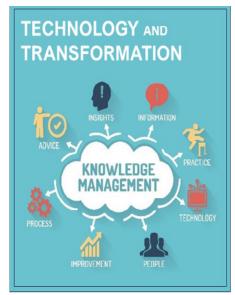
We also play an active role on social media, sharing our progress and the latest developments with a wider audience. And as part of our ongoing efforts to support our team's growth, we develop and promote recruitment campaigns and highlight training opportunities to help you build your skills and advance in your career.

Our team works closely with the wider HSE Communications Team and deal with request for HSE All Staff messages from Technology and Transformation colleagues.

But we need your help! We encourage all of you to engage directly with us on your communication needs. If you have an exciting project milestone, a go-live date, or an initiative that would benefit your T&T colleagues, we'd love to hear about it. Together, we can make sure everyone is well-informed and connected, making T&T an even stronger team.

Let's keep building a culture of collaboration and communication—reach out anytime, and let's make sure your stories are shared!

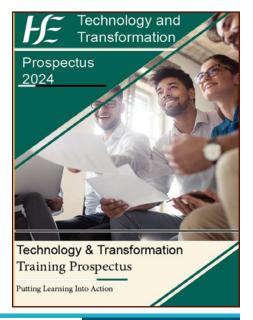
You can <u>contact us</u> at any time to discuss articles or team days you may like us to cover.





The Irish National Release Centre for SNOMED has produced a vendor specification document to support the procurement of new systems with a clinical terminology component. This specification document has been peer reviewed and approved by the SNOMED Governance Board.

CLICK HERE to view the document



Technology and Transformation

General Managers Forum



The GM Forum was held at the Ashling Hotel, Dublin, on Tuesday, 22nd October 2024, gathering around 25 of our Technology and Transformation General Managers. The event was hosted by Thelma Pentony, Training and Development Manager, who facilitated group discussions by posing targeted questions. These discussions surfaced current challenges that managers face in their roles, highlighting shared experiences and insights.

Damien McCallion, CTTO, addressed the group, focusing on the Digital for Care Programme, which is gaining significant attention. He outlined strategic areas for investment, such as Electronic Health Records (EHRs), health identifiers, and building robust infrastructure. A key milestone is the upcoming launch of the

patient-facing app, expected to play a crucial role in earning public and political trust. Speaking further about digital transformation, Damien acknowledged the challenge of ensuring that these digital investments lead to real, impactful improvements for patients. Balancing daily demands with long-term strategic goals requires careful prioritisation and adaptive planning.

A Q&A session followed, giving the GMs an opportunity to engage directly with the CTTO and gain clarity on how the Digital for Care Programme will shape future operations.

After a networking lunch, Aongus Hegarty joined the forum to share his experiences as a former senior executive at Dell Corporation. He provided valuable insights

into leadership, reflecting on lessons learned throughout his career and how he managed to balance professional responsibilities with personal life. Aongus spoke candidly about the impact of his career on his family, encouraging an open discussion around work-life balance, which resonated with many in the room.

The day concluded with a renewed sense of purpose and a shared commitment to tackle upcoming challenges together, fostering collaboration and innovation within the Technology and Transformation team

Watch this short video for a glimpse into the recent General Managers Team Day and the day's key moments.



Above speaking to the group, is Damien McCallion, HSE CTTO.



Photographed above L-R: Aongus Hegarty and Thelma Pentony.









By Helena Murphy, Social Media Lead, HSE Technology & Transformation Communications.

HSE Technology and Transformation is delighted that our SCS-CMS (Specialist Clinical Services Clinical Management System) team have been shortlisted for the Irish Healthcare and the National Health Tech Innovation awards. While the programme was delivered during the development of the Digital for Care strategy, it is a key building block for the digitisation of services. The programme was delivered as a partnership between the services in the National Forensic Hospital, the National Rehabilitation Hospital and Technology and Transformation team led by Delivery Director Mary Cooke.

The SCS-CMS project has been recognised in the Irish Healthcare Awards 2024, where it has been shortlisted in four key categories:

- Best Use of Information Technology
- Excellence in Healthcare Management
- Hospital Project of the Year
- Innovation in Healthcare and Medicine

This project is a pivotal part of our Digital for Care transformation strategy, transitioning specialist services from paper-based systems to fully electronic records. Through these advancements, patient management has been streamlined, information is now more accurate and accessible, and patient care is enhanced across Ireland. This nomination also highlights the dedication of all the teams associated with the implementation who have consistently delivered impactful results and previously received significant recognition for their contributions.

Further acknowledging the project's influence, the SCS-CMS has also been nominated for Most Transformative Use of IT in the National Health Tech Innovation Awards.

Alongside this, we extend congratulations to our colleagues in Telehealth, Julie Bellew and her team, whose collaboration with St. Vincent's Hospital on the National Virtual Ward Programme has also been shortlisted for Hospital Project of the Year. This programme demonstrates the HSE's commitment to leveraging virtual health solutions to enhance patient care and outcomes, marking a significant step in integrating technology within community and hospital settings.

These initiatives are just two of the many initiatives which are part of the HSE's Digital for Care 2030 implementation plan. The implementation of the plan is focused on embedding digital technologies systematically across healthcare services to improve patient care, patient safety, patient accessibility, and operational efficiency. The Digital for Care 2030 vision is one of a seamlessly integrated digital support system that empowers clinical teams and patients alike, ensuring that quality care is delivered at the right time and place.

These recognitions affirms the HSE's dedication to innovative, patient-centred healthcare and underscores the progress made in digital transformation.

Damien McCallion, Chief Technology Transformation Officer, stated, "We are thrilled to see these projects recognised for the innovative strides they bring to healthcare. The SCS-CMS project and the National Virtual Ward Programme highlight our dedication to leveraging digital solutions to provide better, more accessible patient care across Ireland as part of our Digital for Care programme of work. Being shortlisted is a testament to the incredible work and commitment of our teams in driving forward our vision for a digitally enabled healthcare system."

Fran Thompson, Chief Information Officer. added, "These projects underscore the HSE's commitment to enhancing healthcare delivery through strategic use of technology. The SCS-CMS initiative and the Virtual Ward Programme are at the forefront of our mission to transform patient care. Recognition in these categories is a strong affirmation of our teams' efforts to integrate cutting-edge solutions into the HSE's framework and to support clinicians in providing effective, patientcentred care."

Mary Cooke, Delivery Director of Community Care, commented, "It is inspiring to see the SCS-CMS and Virtual Ward Programme teams receive this well-deserved recognition. These projects not only demonstrate our commitment to bringing specialist services into the digital age but also showcase our dedication to supporting patients within the community. I'm incredibly proud of our teams' work and collaboration, which are essential to delivering on our mission of providing accessible, quality care for all."

These accomplishments highlight the HSE's ongoing commitment to harnessing digital transformation for better patient outcomes and accessible, high-quality healthcare across Ireland.



ICT FOR PUBLIC HEALTH

TEAM DAY

24th September in The Ashling Hotel, Dublin.

By Bernie Flynn, ICT for Public Health Team.



Pictured above, the ICT for Public Health Team comes together for their team day at the Ashling Hotel, Dublin.

ICT for Public Health held their annual team day at The Ashling Hotel in Dublin on Tuesday 24th September 2024. Bernie Flynn, Deputy Delivery Director opened the event by welcoming and thanking all for attending. The presentations on the day received overwhelmingly positive feedback. The day's success and enjoyment was largely due to the staff's active participation in the lively Q&A sessions. There was a general air of excitement in the room as some colleagues had not seen one another in person for some time. The day kicked off with an icebreaker team activity which generated some innovative thinking yielding some very interesting paper chains.

Noreen Noonan, ICT Delivery Director presented a '360 degree review of ICT for Public Health'. Noreen acknowledged and expressed gratitude for the team's efforts in the ongoing delivery and implementation of pivotal ICT projects to support the Public Health digital requirements and reform priorities.

Reflecting on the recent structural changes within the HSE, Noreen talked about the evolving cross-organisational operations and how strong stakeholder collaboration continues to drive functional cooperation, stressing the importance of this for effective ICT project delivery. Noreen acknowledged the collaborative support and cooperation from colleagues across Technology and Transformation and the wider HSE.

Providing a comprehensive overview of the functions' strategic priorities and their alignment with the Digital Health Framework and the Digital Health Strategic Implementation Roadmap, Noreen emphasised the important relevance of strategic initiative 3.2 Population Health Management to our team.

Next Deirdre Horgan, Senior ICT Project Manager, gave an enlightening presentation on a 'Self-reflection initiative', originating from the Leadership Programme initiative endorsed by SMT earlier in the year. Deirdre outlined how collective success can be enhanced by leveraging self-reflection to foster professional growth enabling a broader reach of individual potential.

Before lunch we heard from Fran Thompson, Chief Information Officer and Joyce Shaw, Chief of Staff and Head of Business Operations. Fran welcomed the opportunity to meet and talk with the team and shared updates and insights on service planning proposals impacting digital deployments. A central theme of Fran's presentation was the importance of prioritising initiatives and the need to make decisions balancing immediate needs with long-term goals. Fran discussed some of the priority initiatives within the HSE Digital Health Strategic Implementation Plan.

Joyce called out the importance of employee engagement and storytelling to enhance the sharing of our achievements. Joyce gave an overview of the Business Operations functions, underscoring Technology and Transformation's commitment to staff training. Joyce also shared insights into digital marketing objectives and the ongoing development of eHub to incorporate an interactive feature that will enable staff to engage with one another via the platform.



The strategy put forward was that a methodical approach employing reflective based models, sharpens critical thinking, enhances learning and the development of new ideas and boosts productivity. She referred to significant research supporting the concept of positive habit building around regular allocation of time and establishing initiatives to support the user's self-reflection journey. An interactive brainstorming session followed which centred on generating ideas towards establishing/designing an initiative to support people build and integrate selfreflection into their daily lives. Deirdre's informative and insightful presentation, passionately delivered, prompted a lively debate at each of the tables and an agreement that ICT for Public Health will champion its adoption before sharing with our T&T colleagues.

The presentation on "Characteristics of a Winning (High Performing) Team" by Gartner's Barry Cahill who was also a member of the Dublin football team who defeated Kerry in the All-Ireland Senior Football Championship in September 2011, lived up to expectations. Barry gave an inspiring account of the concepts associated with high performing teams and how these were applied as part of the building of the Dublin football team which led to their significant winning period in the 2010's. A key takeaway was that focusing on changing your mindset can result in positive behavioural changes. 'Common culture' is fundamental to constructive growth within a team or organisation.

Noreen reminded all, in her concluding remarks that we are contributors to the service that will benefit ourselves, our families and the public.

HSE TECHNOLOGY & TRANSFORMATION

EIT Health i-Days

By Sean Bellew Training & Development Team.



i-Days is a European initiative with the aim of promoting health innovation among university students through dozens of one and two-day programmes held in academic institutions around Europe. Students from all academic areas receive an introduction to practical health innovation tools and compete in teams to tackle real-life health challenges. The winning teams from all i-Days across Europe will attend and compete in the winner's event in Budapest.

On the 15th and 16th October 65 students from DkIT attended this year's i-Days which focused on narcolepsy. The event started off with speeches from medical professionals as well as people suffering with narcolepsy to give students a better understanding of the condition. Students were supported by 20 mentors across the 2 days. The mentors representing HSE Technology and Transformation were Brian Markey, Thelma Pentony and Dara Keely.

DkIT's winning team consisted of Jordana Hamilton, Raphael Frogoso and James Sands with their idea Narconnet. Narconnect is an app that is aimed to

improve the quality of life for people suffering with either Type 1 or Type 2 Narcolepsy. The app works with a wearable patch that automatically logs heart and respiration rate and uploads them to a server that both the patient and doctor can view. The app also has a function that allows the user to set GPS alerts.



HSE Technology and Transformation team generously sponsored a set of iPhones as prizes for the winning team, which were presented to the winners by our colleague Brian Markey.





There are so many acronyms in use within the HSE it can be hard to keep track of them all.

Click here to view this valuable online tool called HALO which documents some of the most common acronyms we use in the organisation.

Technology and Transformation CAREERS



To find out about any positions that have been advertised for eHealth, please go to our <u>Careers Page on ehealthireland.ie.</u>

You can contact the HR Team for more information.



Welcome to another month for our eHealth Book Club. Our book club meeting will take place today:

Tuesday, 12th November 2024 at 1pm via MS Teams

We meet on the second Tuesday of each month at lunchtime.

New members are always welcome and if you would be interested in joining the group, contact the **Communications Team here**.



PETSCorner

This month, we're celebrating two inseparable pals, Jasper and Missy!

Jasper, 15, belongs to Joyce Shaw, while Missy, a lively 12-year-old Labrador, shares her home with Cathy Reilly.

These two have been best friends for years, and their bond is truly heartwarming.



Pictured above are Missy (left) and Jasper (right), cozying up in Missy's bed—a typical scene whenever these two are together!

Missy is happiest on weekends away, where she can walk and swim along the beach in Clogherhead, always making new friends with her loveable nature.

Jasper, meanwhile, has a cheeky habit of stealing Missy's bed, leaving her to squeeze into his much smaller one. Yet Missy never complains—she's just happy to be near her best buddy. Now that's true friendship!



Pictured above is Jasper.



Pictured above and below Jasper and Missy enjoying a walk on Clogherhead Beach.





The latest list of lunch and learn sessions are listed below.

All sessions take place on Fridays at 12.30 unless otherwise stated.

Please note that we have two sessions scheduled for January 2025, both taking place on a Thursday. Fran Thompson and Michael Redmond will each be presenting on different topics, and their sessions are not to be missed!

These sessions have been hugely beneficial for us to learn about the work going on in teams across Technology and Transformation.

Coming up soon:

15th November, 2024: Virtual Wards – There's no place like home with Julie Bellew

29th November, 2024: Waiting List Action Plan – Beyond the Wait with Sheila McGuinness.

13th December, 2024:

Communication - Innovations for Technology and Transformation with the Communications Team.

Thursday 9th January, 2024: HSE App with Fran Thompson.

Thursday 24th January, 2025: The Year Ahead with Michael Redmond.

If you missed some of the previous sessions, they are available on the Discovery Zone on HSeLanD and on our eHub.

You can view the Resources Page on our eHub here.

View this handy guide on how to find the Discovery Zone on HSeLanD.



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Brace yourself for an extraordinary live musical odyssey as QUEEN Orchestral takes centre stage at the renowned 3Arena on Saturday, 23 November 2024.

QUEEN Orchestral brings fans and all music lovers an unrivalled celebration of the iconic Freddie Mercury and the enduring hits of Queen.

Tickets can be found on Ticketmaster.ie



Wild Lights at Dublin Zoo

Wild Lights, the spectacular, night-time experience at Dublin Zoo, is back with an exciting new theme which will bring you on 'A Journey Through Time'. Perfect for anyone who loves adventure, Wild Lights is an unforgettable experience where truly magical memories are made. Wild Lights is taking place from now through to 5th January 2025 at Dublin Zoo. <u>Tickets can be</u> found at Dublinzoo.ie

Red Bull F1 Showrun

The highly anticipated Red Bull Showrun is set to take place in Salthill, Galway, on November 17, 2024 bringing motorsport enthusiasts a day of high-octane excitement. Oracle Red Bull Racing will showcase the championship-winning RB7 cars, previously driven by Sebastian Vettel, as they roar through Galway's scenic promenade.

There are still some tickets available but there's low availability when we last checked the link, so get in there fast! <u>Tickets can be found on ticketmaster.ie</u>





Pure Adventure

Want to see Kilkenny from a different perspective? Visit Pure Adventure River Activities heart of the Barrow Valley.

Pure Adventure offers a range of Kayaking, Canoeing, Stand Up Paddle Boarding and Hill Walking activities to suit all ages and abilities.

Tickets can be found on pureadventure.ie



Discover film and reimagine the world with Cork International Film Festival!

Ireland's largest and longest running film festival takes place in Cork every

November, creating a unique shared cultural experience, rooted in Cork, open
to the world.

Tickets can be found on corkfilmfest.org