

eHEALTH NEWSLETTER

A monthly newsletter brought to you by the eHealth Communications Team.

If you wish to contribute please contact us at communications.ehealth@hse.ie



Access to Information & Health Identity Services 2023 Achievements

By **Rósín Doherty**

ICT Delivery Director

Access to Information (A2I) & HIDs – Health Identifier Programme

With Covid fading in the ‘rear view mirror’ at the start of 2023, energised by all that we have delivered, A2i-HIDs ambition for the year was to maintain the momentum and strive forward to design and deliver the technology to transform how we enable patients and clinicians to get access to the health information they need.



HealthLink, used by over 6,500 clinicians, hospitals, and community services to securely communicate electronic health information such as laboratory and

radiology results, electronic referrals, discharge information and vaccinations has delivered over 270 million healthcare messages to date. In 2023, A2i-HIDs designed and, working with the MedLIS and GP vendors, delivered the National GP Lab eOrdering solution which is currently being used by 4 x GP practices in the region of Our Lady’s Hospital. In 2024 it will be rolled out to University Hospital Waterford and University Hospital Galway and in addition the MedLIS sites including Beaumont Hospital and other hospital sites.

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AziHIDs 2023 Achievements

HealthLink has delivered over 11 million eReferrals to date and in 2023 AziHIDs delivered new electronic referrals for ECC Community Health Networks, Older Persons, Chronic Disease, Child and Adolescent Mental Health Services (CAHMS) for Cancer and screening services such as BreastCheck.

@healthmail.ie

The Healthmail secure encrypted email is now being used by over 9,000 users this year who are sending approximately 2.2 million emails per month including prescriptions from GPs to Pharmacies. MFA (multi-factor authentication) has been enabled on over 750 accounts.

AziHIDs is responsible for co-ordinating all HSE-eHealth changes to GP Practice Management Systems. In 2023 engagement started with GP Out-of-Hours system vendors and Pharmacy system vendors with an eye to ensuring that these systems will be able to support IHI and requirements for ePrescribing in particular.

The Health Provider Platform (HPP) developed by AziHIDs for Pharmacies (PharmaVax) and GPs (GPVax) to record vaccinations for Covid has been extended

for flu and in 2023 AziHIDs developed CommunityVax for private hospitals and voluntary agencies. These systems were extensively used for the 2023 Spring/Summer and Autumn/Winter Covid and Flu campaigns.

MyHealth

The MyHealth Digital Front Door Portal was developed by AziHIDs in Covid to allow members of the public request Covid Antigen Test Kits and Covid PCR Tests using the Swiftqueue appointments scheduling solution used for Covid PCR testing and has now been extended for additional appointments for Flu, HPV and MPox, hospital and community services including the Civil Registration Service. In 2023, AziHIDs developed a payment facility for the new national Integrated Financial Management System (IFMS) to provide an on-line 'Pay a Bill' service using the MyHealth Digital Front Door Platform. The MyHealth Digital Front Door Portal has received over 1.1 million service requests, is available 24 hours a day and has never required any downtime.

2023 was a phenomenal year for the roll-out of the IHI (Individual Health

Identifier) to health systems post Covid. Over 5.7 million people now have their IHI recorded on either their GP or hospital records - or both. AziHIDs worked with our eHealth IPMS team colleagues and the Health Identifier Service to deliver over 12 million IHIs to 12 of our Acute and Maternity hospitals and 75 of their downstream systems. The IHI is live in all GP Practice Management Systems with IHIs being matched at an average rate of 90% for GP patient records. The Health Identifier Index is responding to approximately 775k requests per day. 2024 will see more systems such as the National Cancer Register and for NTPF waiting lists using the IHI. The IHI will be used for identifying the data required for the MyHealth App and for identifying records for the Patients' National Shared Health Care Records.

In 2024 AziHIDs will be working on enabling the delivery of priority HSE-eHealth project goals for the 2024 digital health strategic implementation plan, including the roll out of IHI to systems such as the National Cancer Register and for NTPF waiting lists and in particular the MyHealth Patient App and the National Shared Health Care Record.

A message from our COO, Michael Redmond - click on the image below to view the video:



2024 MESSAGE

MICHAEL REDMOND

Watch Now 



eHealth Training & Development

A schedule of our upcoming courses is listed below:

Management Development Programme

Date	Duration	Venue	Start & Finish Times	Closing Date
07/02/2024 08/02/2024 21/02/2024 22/02/2024	4 days	The Richmond Education and Event Centre No 1 North Brunswick Street,D7.	09:30 – 17:00	31/01/2024

Personal Effectiveness

Date	Duration	Venue	Start & Finish Times	Closing Date
05/03/24	1 day	The Richmond Education and Event Centre No 1 North Brunswick Street,D7.	09:30 – 17:00	20/02/24

Administration Development Programme

Date	Duration	Venue	Start & Finish Times	Closing Date
30/04/24 01/05/24	2 days	eHealth, Third Floor, Southgate, Colpe Cross, Drogheda, Co. Meath, A92 YK7W.	09:30 – 17:00	27/03/24

If you are interested in attending any of these programmes and have line-manager approval to do so, please [enrol via HSeLanD](#).

If you are experiencing problems trying to locate or enrol onto a course, please [review our support documents](#).

Alternatively please contact ehealth.training@hse.ie and we will be happy to assist you.

Parking at [The Richmond](#) is limited and offered on a first come, first-served basis. Smithfield Car Park is 5mins from the venue.

[Click here](#) if you wish to book in advance. View our 2024 eHealth Training Prospectus [here](#)

Leadership Programme eHealth



Photographed above are our next group of participants for the eHealth Leadership Programme met up in the Richmond Education & Event Centre back in December.



The National Rehabilitation Hospital (NRH) has implemented the National Forensics Mental Health Service Clinical Management System (NFMHS-CMS) which will ensure quality ways of working through digitisation. We hope to have an article from this team for our February edition of the newsletter so check in next month for more info!



There are so many acronyms in use within the HSE it can be hard to keep track of them all. Click here to view this valuable online tool called HALO which documents some of the most common acronyms we use in the organisation.



RECRUITMENT

eHealth.recruitment@hse.ie

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HSE WEST: Galway, Mayo, Roscommon.

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lctbizops.nw@hse.ie

HSE NORTH EAST: Louth, Cavan, Meath, Monaghan.

lctbizops.ne@hse.ie

HSE MIDWEST: Limerick, Clare, North Tipperary

lctbizops.mw@hse.ie

HSE MIDLANDS: Westmeath, Longford, Laois, Offaly.

lctbizops.ml@hse.ie

HSE SOUTH EAST: Waterford, Wexford, Kilkenny, South Tipperary, Carlow.

lctbizops.south@hse.ie

December Inductions

Inductions were held in the Richmond Event Centre on the 5th December and The Ashling Hotel, Dublin on Friday 8th December, 2023. Below are some photographs from both events.

Fran Thompson, CIO HSE-eHealth, photographed below, addressed attendees at the Richmond Event Centre and Joyce Shaw, Chief of Staff opened the event at the Ashling Hotel.



EAPandME
Employee Assistance Programme

Many of us experience stresses and strains in our work and personal lives and might be wondering if there is anyone there to help.

Call **0818 327 327**
to speak to someone who can help.

HE eHealth Training & Development

Prospectus
2024

eHealth
Training Prospectus

Putting Learning Into Action

**Vendor
Specifications
Document**

**SNOMED
International**

The Irish National Release Centre for SNOMED has produced a vendor specification document to support the procurement of new systems with a clinical terminology component. This specification document has been peer reviewed and approved by the SNOMED Governance Board.

CLICK HERE
to view the document

UNSCHEDULED AND EMERGENCY CARE

Go Live of Symphony in Three Hospital Emergency Departments

11 December 2023

By Brian Dunne

ICT Programmes Manager Unscheduled and Emergency Care

An upgrade to the Symphony ICT system used in the Emergency Departments of Connolly Hospital, Naas General Hospital and St. Columcille's has been completed

EMIS Health, based in the UK, provides the Symphony software and provides 24x365 support. The software is used in both the Emergency Departments (ED) and in the Acute Medical Assessment Departments (AMAU). It interfaces with IMS Maxims PAS in Naas and in St. Columcille's and IPMS in Connolly hospital, all via HL7 messaging.



Naas General Hospital



St. Columcille's Hospital

An upgrade to the Midas scanning software that runs alongside Symphony was also completed. This facilitates the scanning of all ED paper records, indexes them and puts them against the patient records on Symphony.

The three hospitals previously shared an old server environment, which meant that all three sites would experience system downtime simultaneously. Now, each site has its own independent Windows 2019 server environment.



Connolly Hospital

Despite a series of significant challenges impacting the project including the cyber-attack on the HSE, a SAN outage and the COVID-19 pandemic, alongside the limited availability of key Emergency Department staff, the project successfully concluded at the end of November 2023 thanks to the dedication of the local hospital teams, several eHealth teams and with Liz Corr acting as Project Manager for Unscheduled and Emergency Care.



eHEALTH
AWAY DAY

SAVE *the* DATE
4 MARCH 2024

ROYAL CONVENTION CENTRE DUBLIN

Located in: Radisson Blu Hotel, Dublin (beside Dublin Castle)
Address: Le Pole Square, 1 Ship Street Great, Dublin, D08 E6PD

This years theme is:

Tech
that **Cares**



ADULT SAFEGUARDING CONCERNS

Content Management System

By Deirdre Morgan

ICT Project Manager, Community eHealth.



In December 2014, the Safeguarding Vulnerable Persons at Risk of Abuse National Policy and Procedures was launched. This policy was developed within the Social Care Division to encompass vulnerable adults across the older person and disability sectors.

Contracts were signed in April 2023 with the UK-based vendor LiquidLogic (now trading as System C) and work began on the configuration build to help realise the project scope and specifications. System C bring with them significant experience of the Social Care market in the UK.

incredible work gathering data and creating test scripts, which has allowed them to complete Phase 1 of User Acceptance Testing (UAT). The first round of data has been migrated and loaded in to the test environments with the second phase of UAT due to commence



Fig1: Overview of Adult Safeguarding Concerns Case Management System '23/'24 milestones

Central to the delivery of the new safeguarding service, was the establishment of Safeguarding and Protection Teams (SPTs) at CHO level. These teams process and manage safeguarding concerns that come to the attention of the service.

The National Safeguarding Office identified a requirement for a dedicated case management application which would be integral to their success in ensuring the SPTs are performing their role in delivering a timely response and effective service. The National Safeguarding Office approached eHealth for support in procuring and implementing this case management application.

The proposal for the Adult Safeguarding Concerns Case Management System was sanctioned by the Digital Government Oversight Unit (DGOU) in May 2022 and so began the journey of the eHealth Community Teams working in collaboration with the National Safeguarding Office to deliver a solution which is vital in supporting the teams that are charged with investigating concerns of abuse relating to the most vulnerable members of our society.

The LAS (LiquidLogic Adult Safeguarding) system will provide a portal to facilitate referrals from various sources:

1. Community referrals from the public.
2. Health and social care professional referrals.
3. Submission of preliminary screenings from HSE and HSE funded services.

Furthermore, it will provide a case management system for HSE Safeguarding and Protection Teams to manage community concerns. It will, through the delegation portal, be able to communicate to services on necessary work in the management of a safeguarding concern to its conclusion.

Reaching this point could not have been possible without the collaboration of our friends and colleagues in eHealth. The eHealth Community teams would like to acknowledge and thank our eHealth Technology colleagues for their support across the many aspects of the implementation to date including access, networks and security.

The National Safeguarding Team along with the eHealth Community Teams have come a long way and carried out

on the 8th January. In tandem, the National Safeguarding Office continue to upskill their staff in preparation for the Go-Live in Q3 2024 and have stood up two subgroups – Education and Service Engagement to support this Go-Live.



SNOMED CT National Release Centre

October 2023 Release

By Theresa Barry

Clinical Terminology Architecture Lead SNOMED CT.

The Irish NRC would like to announce our release statistics for October 2023. This is the 8th SNOMED CT Irish Edition Production release. [eHealth standards and terminologies, SNOMED CT.](#)

Visit our [SNOMED CT National Release Centre webpage](#) on the eHealth Ireland website to learn more about the recent SNOMED CT metrics in the October 2023 release.

SNOMED CT is the largest and most comprehensive clinical reference terminology in the world.

NRC to utilise SNOMED CT. The dataset was originally in response to the Ukrainian crisis and the requirement for a health questionnaire to be developed. This Dataset has been established as a health questionnaire and a SNOMED reference set has been published.

2. Irish National Transfer Document: Residential Facilities for Older People: The National Transfer Document is a communication tool that should accompany any older person

Hospital (NRH) had a requirement to develop a reference set as part of their deployment of an EHR for the hospital. As part of their information model, they needed content on allergy nature of reaction to medications. The SNOMED National Release Centre worked with the Medications Lead (NRH) of developing this refset for inclusion in their digital solution. Further work is expected between the NRH and NRC to standardise the dataset for their solution.



Infographics from www.snomed.org

The SNOMED CT Irish edition release contains content that is specific to Irish use contexts and these standardised data concepts are maintained by the SNOMED CT National Release Centre, HSE. The Irish edition is released yearly in April and October.

The International release of SNOMED CT contains International SNOMED concepts which are updated in the Irish edition every March and September yearly.

Three new refsets Irish SNOMED NRC worked with recently were:

1. Health Status Questionnaire Ireland: Public Health originally approached the

transferred from a residential care facility (RCF) to an acute hospital (AH) to provide communication from the RCF on the status of the person requiring emergency care. It is a two-part document that includes the emergency needs of the person and information pertaining to the person-centred needs and base line status of the person. It aims to ensure a standardised approach to this communication at this vulnerable juncture

3. National Rehabilitation Hospital Ireland allergy nature of reaction reference set: The National Rehabilitation

Existing Refsets with added new content:

1. Patient flow Dataset Ireland – The Patient Flow Project is in planning. They are working on developing a dataset to expedite patient journey in a timely manner within an acute hospital setting. The Patient Flow dataset has been standardised and developed into a refset by the Irish NRC for SNOMED CT. This reference set is now completed.
2. National Ambulance Service - The NAS are in planning for a new eHealth solution. In advance of that the NRC and the NAS have been working together since in the Q3 of 2021 to commence work on their Dataset. They currently use the Pre-Hospital emergency care data set, via the electronic Health System Siren4. This is the first national system to document pre-hospital care. This system has expanded upon the dataset established by the Pre-Hospital Emergency Care Council (PHECC). The dataset has over 5000 terms. There is ongoing input between the NAS and the NRC for SNOMED CT. To date 20% of the dataset is included in the reference set.

List of all Irish refsets:

(Name and Members)
Irish language reference set - 1281335.
Adult oncology daycare nursing discharge reference set Ireland - 107.
Antimicrobial stewardship performance indicator measurement system (APIMS) Data set for Ireland - 201.

[Continued to next page.](#)

SNOMED CT National Release Centre

October 2023 Release

Breastcheck screening service reference set - 837.
Chronic Disease Management reference set Ireland - 118.
Coronavirus reference et Ireland - 136.
Dentistry refest Ireland - 954.
Epilepsy reference set Ireland - 10.
Gynecology discharge summary reference set Ireland - 18.
Ireland Nursing and Midwifery Quality Care-metrics Dataset - 359.
Irish National Early Warning Score reference set - 43.
Lymphodema reference set Ireland - 234.
Make Every Contact Count Ireland Refset - 42.
Patient Flow Dataset Ireland - 345.
Public health nurse clinical caseload dataset Ireland - 90.
Safeguarding Ireland Refset - 110.
eServices Ireland Refset - 63.
National ambulance service reference set - 1037.
Health Status Questionnaire Ireland - 333.

Irish National Transfer Document:
Residential Facilities for Older People
Reference set - 187.

National Rehabilitation Hospital Ireland
allergy nature of reaction reference Set - 64

Future refsets planned for April 2024

release – DSMP* completed.

- National Sepsis refset
- Motor Neurone Disease and ALS refset – working with Trinity Precision ALS team.
- Death Register refset

*DSMP is the Data Specification Management Process - all datasets that need to be standardised for digital health solutions must attend the DSMP prior to commencing work on reference set.

For further information on reference sets follow this link to our [Resources web page](#).

For further information on the DSMP can be found [here](#).



Welcome to another month for our eHealth Book Club. Our book club meeting will take place today:

**Tuesday 9th January, 2024
at 1pm via MS Teams**

New members are always welcome to join and you can email us on:

communications.ehealth@hse.ie

We meet on the second Tuesday of each month at lunchtime. If you haven't read the book you are still encouraged to join us for a chat and a cuppa. Its always fun to link in on a teams call that isn't work related!



PETS Corner

In our first Pet's Corner of 2024 we are kicking things off with two adorable cats.

The photograph to the right features Lucky and Dusty and they live with Mairead Cribbs.

They love cuddles, the fire (obviously) and sometimes staying out all night.

Lucky brought Dusty home from one of his nights out on the prowl and Dusty has stayed with Mairead ever since.

If you would like us to feature your pet(s) in this section of our Newsletter, get in contact by emailing - communications.ehealth@hse.ie



Lucky & Dusty



By **Linda Reck**
eHealth Communications

Happy New Year to all our eHealth colleagues and as we think ahead to this brand-new year, no doubt a few of us have already made our resolutions!

Well done to you if you have made the list and set out your goals for the year. I can't say its something I do every year but I always have the best of intentions.

This article is a little twist on the normal individual resolutions focusing more on what might benefit you in your work place and your team. My colleague Tamara Reilly Grey did some research before the Christmas break and found some information that will hopefully give you some ideas:

[5 Ideas for New Year's Resolutions at Work](#) and [15 Ways to start of the New Year](#)

[at Work](#). There's also some new years resolutions for Leaders - check out the [Forbes List](#) - I don't think you have to consider yourself a leader to take some positives from this list either.

As always the HSE have a number of campaigns that can help if you want to make improvements to your health:

[Quit Smoking Campaign](#)

[Support for Mental Health](#)

[Alcohol Health Information and Advice](#)

[START Campaign](#) - partnership with safe food to encourage a healthier lifestyle.

Whatever you decide to do, good luck and here's to a happy and healthy new year!



Access each playlist below by clicking on the image.

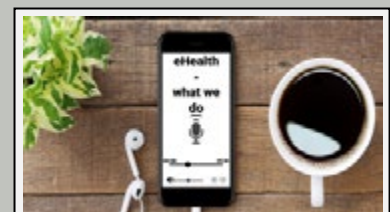
Our eHealth YouTube Channel can only be accessed by the links published here.

If your team would like more information on how you can utilise this platform for your teams' benefit, contact:

communications.ehealth@hse.ie



Sharing Insights



Backstage with eHealth



HSeLand



Health & Wellbeing



Aries – Aries team members are highly motivated often with strong opinions, which might get them into trouble. However, sometimes this same dominant factor can help them win over

the extremely hard battles in their work lives. The Aries yearly horoscope 2024 predicts that the year will be a strong one for you. Planetary supports will be there with you and make you more prepared for the upcoming hurdles and situations. Hard times will come to test you. Battling the ups and the downs will be many. But you are Aries, and you know how to deal with the emotional as well as the physical ups and downs.

Beware of some issues that may come with Rahu in the third quarter. However, you can rely on Jupiter as it would be an aid to your life all through the year. Make some plans on doing things with the abundance that will come with the change of planetary motions in the second half of 2024. Up for interesting beginnings and a roller coaster ride? Well, Aries hit the accelerator and put the pedal to the metal and do it your way!



Taurus people are professional and focused on their work lives. The Taurus yearly horoscope for 2024 wants you to reflect and make some changes. To follow

your dreams and give everything your best shot you will need to push a little harder. The predictions don't say that the year will make you struggle. However, with some clashes with people around you, things might look a little twisted. But worry not, Taurus buddies, as your ruling planet Venus, this will be a blessing to your personal as well as professional life.

Rahu could be a little troublesome for all areas of your work life. It will try and trick you into doing things that can harm the things you built. But worry not, as Ketu is there to save you from difficult challenges. Safeguarding yourself from the ups and downs will be something the New Year will bring. It will be a year of learning for you, with the support and attentiveness of the planets.



Gemini - duality runs in your character. So, how about reshaping yourself to embrace the best in the year? The Gemini yearly horoscope 2024 predicts that a head-on situation can occur, where you purposely

must keep your duality aside and act patiently to solve the situation. The year will be prosperous for you. People around you are definitely your friends but don't rely too much on them, as planet Saturn will soon make you realise that at times you are better on your own and capable of doing everything. Planet Mars and Venus will be helpful and work in your favour. So, even if your dual personality takes you in two different directions, worry not, as the planetary transits 2024 are there to help you. So, Gemini team members, work on healthy practices regularly—health-wise, professionally, and financially, make some necessary modifications with a little bit of your personality touch, and 2024 will become your dream year.



Libra - we all know that balance is the key to your calmness, and the Libra yearly horoscope 2024 strongly indicates the same. However, introspection, understanding the developments, and

making changes accordingly is something you will need to do. Planetary transits will favour you to quite an extent and bring satisfaction to your work life. Still, remember that not everything, even if it is the right path, will work out for you. On one side, some planets would try to shake the equilibrium you love, others will help you attain it back again. Right from the first quarter of 2024, you will have to jump into action!

Libra team members must be cautious that although Saturn is here for you, Rahu will be there also to try and trick you. Search for the silver lining in everything. At times you will require the help of others. So, avoid being egotistic and seek the help you require. This will be your door to satisfaction in the year 2024 as luck, opportunities, and great things are waiting for you. You must be utterly clear and positive about the things you are planning or looking out for.



Cancer - we often see Cancer team members heading into their comfort zone as soon as the opportunity arise. But the Cancer yearly horoscope 2024 says this will not be the thing to do this year. Planets

got your back! So, give your passions and plans the best shot you got. Get the right balance on work and appropriate enthusiasm and energy, you will succeed even on the not-so-favourable days of the year. To help your decisions, Jupiter will be there. However, Saturn is there too and will try and slow you down. Ketu will be in action too, and will become a mini passage towards success for most of the year. Have total faith in yourself, and good results will be there in no time.



Leo - for the brave Leo team members, nothing in life is hard. Even though the year might throw some challenges in your path, you will do pretty great. The Leo yearly horoscope 2024 predicts that

contentment will be there for you in the year ahead. Your thirst to be the best and have the best, will push you put in additional efforts. The planets do demand this from you. On the other hand, they also want you to evaluate things before forging on with your usual dignity and pride. So, right from the first month, believe in the good things. Cherish the moments you have instead of worrying about what is not there with you. Around the third quarter, when planet Jupiter will be in action, things will definitely improve for good. Venus will be there too to bring some changes and positivity to your professional life. However, be prepared as Leos, Saturn and Rahu would be there to put hurdles and hindrances from time to time.



Virgo - you are one of the most sane-headed folks on the zodiac table. But even you are not perfect. Right? The Virgo yearly horoscope 2024 comes with a tiny alert sign for you— avoid rushing to conclusions!

There are all kinds of possibilities for team members this year. Thus, this little bit of advice will save you time in the year ahead. Mars and Mercury are here with ample opportunities in the first half of the year, and with their blessings, you will do things that are unplanned but possible, confused? Well, don't be. Virgo team members are likely to reap the rewards of their efforts. So, even if progress comes out of the blue, consider this to be because of your past deeds and works. Stay alert around the end of the year, as Ketu will be in action. There will be highs and lows because of this planetary transit in 2024. This will bring the possibility of changes in finances and resources. You shall enjoy a mini roller-coaster ride so rejoice and cherish all you can in 2024.

[Continued to next page.](#)



Scorpio team members enjoy their own company. However, a little modification is all you will need to attract a happy-go-lucky time in your work life. Planet Jupiter transit in 2024 will be a great

opportunity for you to clarify some work issues for 2023 that have been playing on your mind. Saturn transit in the first quarter will come as an alert to certain unexpected aspects of work. This combination of events will surely change your perception in multiple ways. This will also change some beliefs you had about work and the motives of another team. Sounds like an eye-opening year? Well, it is.

Scorpio team members will see things fall into place in the second half of the year. If you have a New Year resolution list; well, go for the implementation. However, keep the process slow and steady because the planetary transits will only let you be in alignment with your work if you adopt patience and perseverance.



Sagittarius - by all means, you can call this a favourable year. The Sagittarius yearly horoscope 2024 marks a time for exploration and understanding. Not only will you get the planets' blessings, but also make

some great accomplishments. When Venus and Jupiter are present they will help you and things shall seem easy and nice. However, the Ketu transit in 2024 may try and halt progress. On one hand, it will save you from the wrong company, on the other hand, it will indicate a number of

paths you could take, Confused! You will need to look for signs and be yourself.

Take a deep breath if you are looking for romance and meeting the right one - both in your head and heart, as the horoscope indicates some possibilities. But don't be hasty, avoid being overwhelmed, and be who you actually are. Overall, 2024 will be the perfect year! But don't fly too high - a miniature warning— stay away from risky ways to have a great life!



Capricorn - Hurdles will come and go, but Capricorns won't give up! And that should continue to be your attitude in 2024. Stand up for your ethics and values and you will do well. Your values will

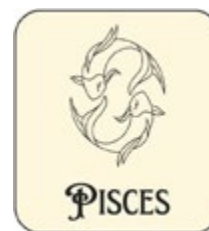
not only help you achieve success but also help you accomplish any leftover plans from 2023. You need to express yourself right and manage all the areas of your life with a correct attitude and mindfulness. While your finances will be great, you may face troubles regarding other resources as Planet Saturn will be there to delay some events. However, planet Jupiter will save you from multiple adversities. Right from the first quarter, your attitude will be positive about everything that shall come your way this year, be it your love life or your work life. Remember not to take any shortcuts as this may drag you to the other side of the road in no time. So, stick to your nobility and follow what you are best at— Being Yourself!



Aquarius - the yearly horoscope for 2024 looks like you can enjoy some me-time and work on your personal development to achieve even better things in the year ahead. Moreover, the year will be great for

you if you are constantly putting in all your efforts in the right places. On the contrary, remember not to ignore any warnings that hold you back from performing something. Good things will come

with Sun and Mars, especially in your personal life. The Mars transit in 2024 will fix anything that had gone off-track in 2023. The influence of planets Rahu and Ketu will be there too as an Aquarius team member, you need to show every situation your best and impeccable side. Even if the situation looks hard, stick to the right things, and around the third quarter, the missing piece of your puzzle will appear right in front of your eyes. Stay a little cautious, as not everything you think works the way you want. So, don't try to bend the situation, instead, try to adjust yourself. Also, never move into something with selfish motives, as it can turn a remarkably good year into a not-so-good one.



Pisces - First things first, be grateful for what you have! Even the Pisces yearly horoscope 2024 is urging you to do so. In all aspects of your life, the planetary transits will allow you to spread

happiness and attract the same into your work life. Work on the motto— do one good deed per day! As your horoscope foretells that you have a great high chance of being voted team of the year and winning an award. 2023 is over and you can take a rest, as the things that caused you grief are no more. Mars transit in 2024 is all set to help you face challenges and mend scenarios for you. But, on the other hand, Rahu will be there too. It could influence your dual nature and lead you into its own tricky ways, away from a fine and pleasant work life. But worry not, by the end of the year Pisces team members will have received lessons and learning that will help you figure out your own ways to answer any burdens life has thrown. To make your life happy and easy, stick strictly to a resolution or practice as it will add brownie points to your year ahead.

Reference: Astronomically, Rahu and Ketu denote the points of intersection of the paths of the Sun and the Moon as they move on the celestial sphere. Therefore, Rahu and Ketu are respectively called the north and the south lunar nodes.



The latest list of lunch and learn sessions are listed below.

All sessions take place on Fridays at 12.30 unless otherwise stated.

These sessions have been hugely beneficial for us to learn about the work going on in teams across eHealth.

COMING UP:

12th January 2024

Children's Disability Network Teams Information Management System Project (CDNTIMS)

with Barry McKenna & Peter Honeyman

26th January, 2024

The Year Ahead

with Michael Redmond

9th February, 2024

Specialised Care Services: Clinical Management System Programme (SCS-CMS)

with Pauline Fitzgerald & Thea Murtagh

23rd February, 2024

IFMS Shared Services: Supporting IT services

with Declan Hayes & Emma Hinch

8th March 2023

Chronic Disease Management

with Pat O'Driscoll

If you missed some of the previous sessions, most of them are available on the Discovery Zone on HSeLand.

[View this handy guide on how to find the Discovery Zone on HSeLand](#)



TRAD WEEK, Letterkenny's annual celebration of Irish traditional, folk and world music, presented by the Regional Cultural Centre and An Grianán Theatre makes a welcome return from the 19th - 31st January 2024

Musical highlights in 2024 include Scullion, Iarla Ó Lionáird, Luka Bloom, Rónan Ó Snodaigh with Myles O'Reilly, Brigid Mae Power, Jack Houston, Nodlaig Ní Bhrollaigh, Coirm, Ceol Connected and more. [See here for further information](#)



Galway Tattoo Show

The Galway Tattoo show will be held in the Galmont Hotel on January 27th and 28th. The event will showcase over 100 of the best Irish tattooists, with a fantastic international artist list from all over the world. The show will also feature entertainment, live music, a stunning art gallery, a free tattoo cinema, photo booth, market stalls and traders there's even a kids area, so all the family can come and join in! [See here for further information](#)

Harry Clarke: Bad Romance

Enter the inimitable imagination of Harry Clarke in this annual exhibition and encounter the celebrated artist's remarkable book illustrations, delicate watercolour studies, and earliest works in stained glass. Running from 2 December 2023 – 18 February 2024 in Cork this exhibition brings Crawford Art Gallery's full collection of Harry Clarke works together to offer visitors a rare and enriching experience of the beloved artist's imagination and skill. [See here for further information.](#)



Damien Browne: Man Vs Ocean

On the 23rd of January Hawk's Well Theatre in Sligo will host spoken word performance by Damien Browne, Ireland's foremost extreme adventurer and the only person in history ever to row 3,000 miles across the North Atlantic from Manhattan to Galway. In an enthralling night of inspiration, entertainment and enrichment, Damien shares extraordinary stories of catastrophe, courage and mental fortitude,

intertwined with the life lessons learned. Damien Browne's story is a captivating exploration of how one man uses extreme physical and mental challenge to forge his true potential. [See here for further information](#)



Andy Warhol Exhibit

A unique exhibition of Andy Warhol's paintings, prints, photographs, films and installations is open at Hugh Lane Gallery until the 28th January showcasing the artist's extraordinary range of artworks produced over four decades. Andy Warhol Three Times Out has been five years in the making and includes more than 250 works on loan from museums and private collections in the US, Canada, Europe and the Warhol Museum in Pittsburgh. [See here for further information](#)

eHealth

New Recruits

Introducing our new colleagues to the eHealth community.

Shinto Thomas
Migration Engineer



What is the top destination on your must visit list?
Antarctica

What has surprised you about your job so far?
Meeting new people each day.

If you could have dinner with anyone, dead or alive who would it be and why?
Lidiya my wife and Dylan my son.

Mary Daly
ICT Support Officer



What is the top destination on your must visit list?
Boston

What has surprised you about your job so far?
Nice warm welcome from colleagues

If you could have dinner with anyone, dead or alive who would it be and why?
My Parents and West Highland Terrier because all 3 were simply the best.

Sam Torres
Project Administrator



What is the top destination on your must visit list?
Peru.

What has surprised you about your job so far?
How awesome everyone in our team is. As well as getting a free phone. That's quite cool.

If you could have dinner with anyone, dead or alive who would it be and why?
Aristotle, Napoleon, Al Pacino, and Diego Armando Maradona in the prime of his party days.

Duncan Falconer
Technical Architect



What is the top destination on your must visit list?
Norway. I want to see the majestic fiords, experience the culture, the food as well as the Northern Lights.

What has surprised you about your job so far?
I've worn a few different caps in my role with the eHealth NSD Account Management Team. We helped our colleagues recover from Cyber, got new user accounts for the Children's Hospital up and running and we helped to restore our own staff accounts and worked tirelessly through the emergency. What didn't surprise me, was how everyone suddenly became selfless; dedicating time, energy, their whole selves, to whatever task needed to be done. My surprise was realising just how much I wanted to be here to be a part of this.

If you could have dinner with anyone, dead or alive who would it be and why?
I'd like to sit and have a chat with my dad. He's long gone now, but he never got to see or experience his grandchildren, chat with my wife, or enjoy my cooking. I'd love for us to be able to have a catch-up and talk about what's important to us both and just listen to his thoughts.