

# Telehealth Programme - Technology to Support Virtual Care

Julie Bellew, Programme Manager Telehealth Better Together for Digital Healthcare 1<sup>st</sup> Dec 2023









# National Telehealth Programme: Current Workstreams





Video-Enabled Care (VEC)



Online Supports & Therapies (OST)



Remote Health
Monitoring
(RHM)

People

**Process** 

**Technology** 





- ✓ Telehealth Roadmap Published
- √ Video Framework Published
- √ 70+ Video implementations underway
- ✓ Procurement of Virtual Ward Technology Under Way
- ✓ 26 Telehealth Seeding Projects
- ✓ Physical Activity Platform





## Video Enabled Care – Current Use

#### **Gestational Diabetes UHW**

- Reduced wait list 45 to 55 patients seen virtually every week.
- Reduction in DNAs.
- Foot fall in out-patients clinic reduced
   by 60%-70%.
- Motivated staff and positive changes in some staff.
- Early intervention with poor glycemic control.
- Early access to medication.
- Feedback from patients very positive.
- Improved service.

#### Migrant Health: Accessing Capacity

- Reduced wait lists.
- Reduction in DNAs.
- Reduction in the number of people attending hospital Emergency Departments with non-urgent conditions.
- Overall increase in effectiveness and efficiency for the team.
- More timely access.
- Improved accessibility 500 GP Appointments.
- Reduction in transportation costs & carbon footprint.
- Less wasted time for both Admin support and patients.

Acute Oncology Service Naas Video





Courtesy of Janet Murphy, UHW

Courtesy of Debbie Carroll, Social Inclusion CHO9

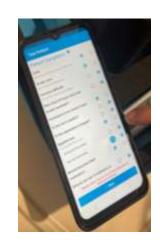


## High Acuity Virtual Ward - The Technology

#### **Patient technology**

- Clinical measurement equipment such as BP, Temp, Respiratory Rate, O2 Sat, Weight and so on
- SIM enabled tablet with access to the core application
  - Enable auto upload of device readings
  - Provide a communication tool for patient to the hospital team
  - Reduces reliance on existing internet access in home
- These will form kits to be given to patients on transfer to the ward
- They will auto connect to each other and the central application
- Support





#### **Healthcare Staff technology**

- Fully equipped telehealth hub
- Vendor managed (end-to-end)
   solution, including the provision and
   support of a suite of web-based
   application(s)
  - Patient obs & trends
  - Clinical notes
  - Patient Questionnaires
  - Video access to patient
  - Messaging with patient
- Access to existing hospital systems





### **Dynamic Purchasing System Competition Process**

- 1. Advertise DPS Qualification (Min. 30 Days) \*We are here 01/12/2023\*
- Evaluate Responses & Form DPS.
- 3. Advertise DPS Tender (Min. 10 Days)
- 4. Evaluation Period & Vendor Selection
- 5. Contracting (+ IT security, Data Processing Agreement, Data Protection Impact Assessment).
- Publish awards to OJEU.



Advertise DPS Qualification



Advertise DPS Tender



**Evaluation** 



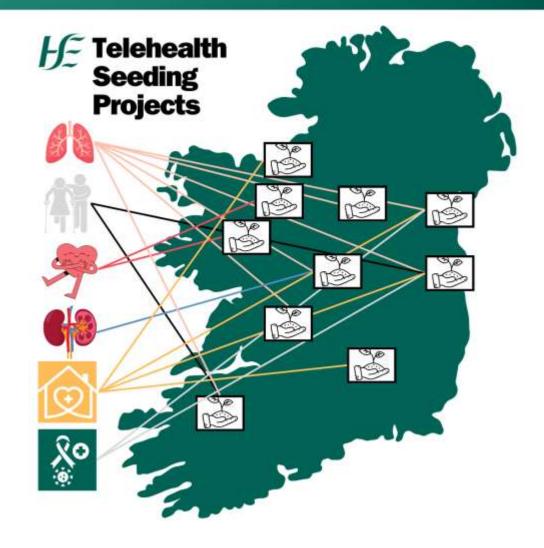
First DPS Contract in Place



## **Telehealth Seeding Projects**

- Remote Health Monitoring (for example, blood pressure, saturated oxygen, temperature and patient reported outcomes), where patients submit readings according to a schedule agreed with clinicians;
- Virtual Rehabilitation (that is the provision of therapeutic interventions, for example the provision of physiotherapy support to promote recovery from illness or surgery);
- The use of a cardiac event monitor for prolonged, homebased ECG monitoring to support early discharge of stroke and cardiac patients, and admission avoidance for elderly patients at risk of a fall).
- Oncology Services
- The patients to be monitored are low acuity patients.

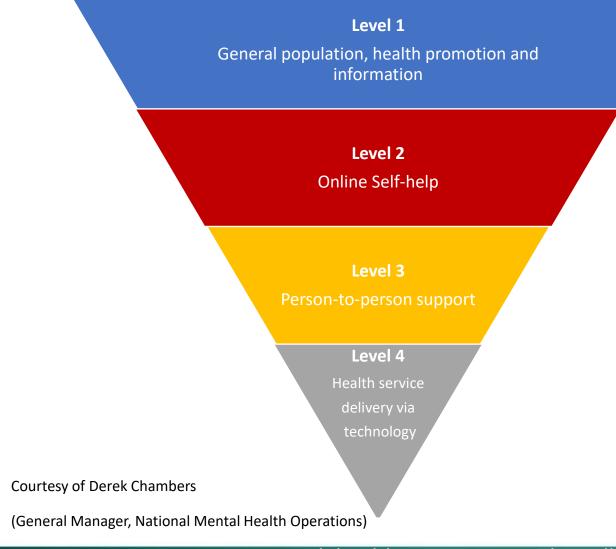
(Courtesy of Meabh Smith, Digital Health Clinical Safety)







### Online Supports & Therapies (OST)



www.hse.ie www.cancer.ie www.ifan.ie www.yourmentalhealth.ie www.irishheart.ie

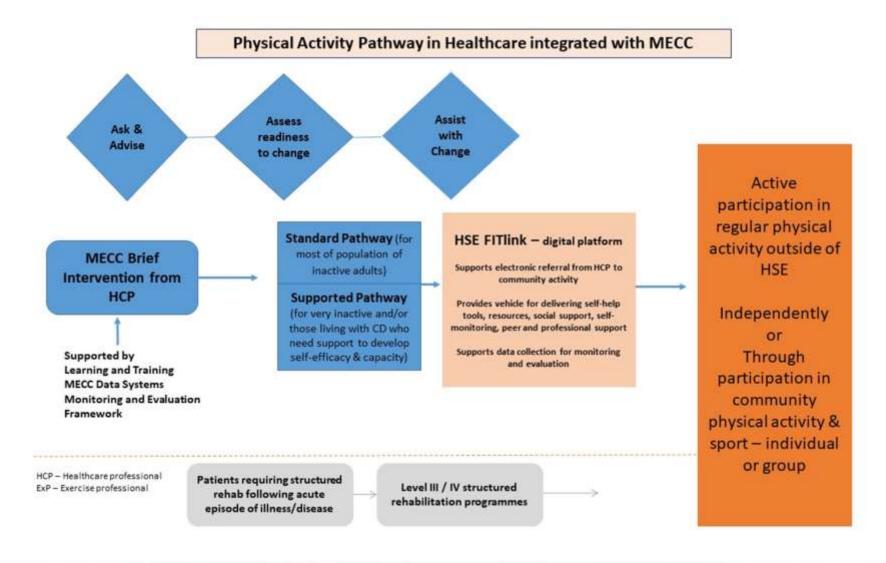
Libro (nutrition app)
Headspace
Self-guided online CBT

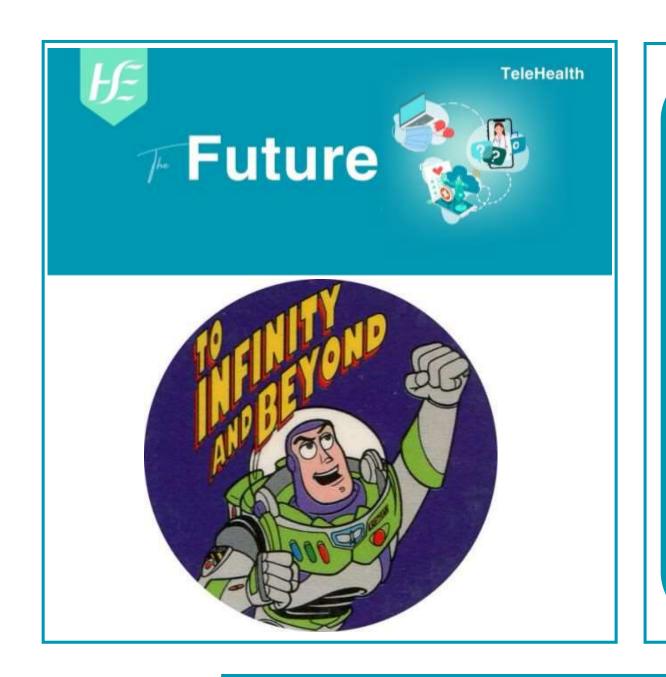
Text About It (50808); QUIT.ie Open Social (online communities for diabetes, breastfeeding)

Guided online CBT
Online counselling (overlap with video-enabled care)



# Online Support and Therapy - Physical Activity Pathway





# "The real recovery starts in your own home"

(Sheilagh Foley, Patient Involvement Partner)

