

eHealth Ireland Ecosystem

members of the ECHAlliance International Ecosystem Network

Workshop 7: Using Technology to Empower Patients to Manage their Health at Home

Alan Connor, Programme Manager, mPower, NHS Scotland

Room -TBC

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mPower

Alan Connor, Programme Manager

Wednesday, 11th April, 2018

eHealth Innovations for Home & Community Care; DKIT

The 'Donald Rumsfeld' Workshop





Power

Healthy & Connected Communities



A project supported by the European Union's INTERREG VA Programme, managed by the Special EU Programmes Body (SEUPB)



What is mPower?

Healthy & Connected Communities

- EU funded 5 year project; 2017 to 2021
- Northern Ireland, Republic of Ireland and Scotland
- Supporting older people (65+) living with long-term conditions
- Enabling people to live well, safely and independently in their own homes
- Supporting self-management of their care in their community
- Employing Community Navigators to work with people to develop wellbeing plans that connect to community activities
- Employing Implementation Leads to connect services to new technology that support health and wellbeing



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What is mPower's aims?

mPower key project objectives are to:

- Support 2,500 people to self-manage their health and wellbeing more effectively in the community;
- Deliver 4,500 eHealth interventions increasing awareness of their benefits in supporting sustainable service delivery;
- Deliver training programmes to 420 health and care providers;
- Establish cross sectoral collaboration across Republic of Ireland, Northern Ireland and Scotland to support greater mobility, confidence and reach of health and care professionals and services;
- Effectively engage individuals, community organisations and services in redesign of health and care services.



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What services will mPower provide?

The personalised wellbeing plans will focus on supporting self-management. They will include:

- Social prescribing – connecting people to local activities and services which support health and wellbeing – will be a key component of the plans.
- Digital health interventions - including integrated home and mobile monitoring solutions, digital health and wellbeing apps and video enabled care solutions.



How does mPower fit with other activities related to keeping people well in the community?



- Audit activity, during implementation, to engage with target communities
- Ascertain existing social prescribing activity and technology enabled health and care pathways.
- Aim is to ensure mPower activity complements what already exists.



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Who are the partners?

NHS Scotland is the Lead Partner and reports to the Special European Union Programmes Body (SEUPB) who manage the Interreg VA programme.

Health and social care services across the three jurisdictions are involved as deployment site partners:

Republic of Ireland	Northern Ireland	Scotland
Health Service Executive (CHO 1 and CHO 8)	Southern Health and Social Care Trust	NHS Ayrshire & Arran
	Western Health and Social Care Trust	NHS Dumfries & Galloway
		NHS Western Isles

Who are the partners?

- The Scottish Council for Voluntary Organisations (SCVO) is managing communications and coordinating engagement of the third sector and other stakeholders.
- The University of the Highlands and Islands is evaluating the project.
- The project is also supported by Cooperating And Working Together (CAWT), a partnership between the health and social care services in Northern Ireland and Republic of Ireland to facilitate cross border collaborative working.



Who should be getting involved?

mPower will be asking a range of stakeholders to get involved in each of the target communities:

- Primary Care professionals in a variety of health and social care settings.
- Third sector and independent organisations with an interest in supporting the health and wellbeing of older people.
- Local people in collaboration with project partners and stakeholder organisations.



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How is it funded?

- Funded through the European Union's INTERREG VA Programme, promoting greater levels of cross-border co-operation.
- Match funding is provided by the Northern Ireland Executive, the Irish Government and the Scottish Government.
- The project budget is €8,700,000



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The Donald Rumsfeld Workshop: Variations on Know

Who, what, where, or when

- **Know/Know (15 minutes)**
 - What are the accepted assumptions about this landscape and what can eHealth and Digital do about it?
- **Know/Don't Know & Don't Know/Know (10 minutes)**
 - What do you know that we don't know?
 - What do you not know that we do know?
- **Don't Know/Don't Know (5 minutes)**
 - What do we not know yet that could be the most important piece of information so far?

Want further information?

<https://mpowerhealth.eu>



mPower on Twitter – @mPower_health



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